

# LESSON PLAN SUNDAY BEST



#### Objectives to: Learning outcomes: Introduce simple body percussion patterns Children can perform some body percussion Teach Sunday Best lyrics and melody so the children Children can sing Sunday Best with increasing can sing in unison confidence and control Encourage the children to listen attentively and follow Children can talk about their performance and what instructions both visually and audibly they think about it Explore alternative body percussion/moves and practice feedback Previous knowledge expected from children: Key words/concepts: None needed Follow, body percussion, confidence, control, perform, independence.

1: Introduction and Warm Up	Notes
<ul> <li>Use body percussion to warm up</li> <li>Plan and improvise their own body percussion routine</li> </ul>	Use Video Create space
2: Teach Song	
<ul> <li>Listen to song</li> <li>Teach chorus / recap chorus with music</li> <li>Teach verse in lines / recap chorus and verse with music</li> <li>Teach pre-chorus / recap pre-chorus</li> <li>Sing whole song as directed</li> </ul>	Use Video Lyrics
3: Body Percussion / Moves	
<ul> <li>Teach chorus body percussion: thumbs up/down from shoulder to waist, shoulder claps/2 clicks/clap in front (clap, boom-boom, click-click, clap)</li> <li>Teach verse poses: follow examples given then children make up their own</li> <li>Teach pre-chorus set moves:         <ul> <li>Line 1: point index finger and aim down, head follows</li> <li>Line 2: Point to head</li> <li>Line 3: Thumbs up and shoulder moves</li> </ul> </li> <li>Review whole song with moves: children follow directions</li> </ul>	Use Video
4: Performance	
<ul> <li>Follow Evie on the screen and perform the whole song including singing, body percussion and moves.</li> <li>Perform to each other in class.</li> </ul>	Use Video
5: Plenary	
Review/critique each other and feedback. Assess learning objectives/outcomes.	
6: Differentiation	
<ul> <li>Less able: follow body percussion only or use lyrics for song and join in only chorus</li> <li>More able: create their own routine of body percussion, perform independently</li> </ul>	
7: Follow Up	
• Provide YouTube link to parents/carers to enable children to rehearse & perform at home.	

Funded by The Arts Council, Culture Recovery Fund, #HereForCulture

## **Sunday Best**

### Chorus

Feeling good, like I should Went and took a walk around the neighbourhood Feeling blessed, never stressed Got that sunshine on my Sunday best

#### Verse

Every day can be a better day, despite the challenge All you gotta do is leave it better than you found it It's gonna get difficult to stand, but hold your balance I just say whatever 'cause there is no way around it 'cause

#### **Pre-Chorus**

Everyone falls down sometimes
But you just gotta know it'll all be fine
It's ok, uh-huh
It's ok, it's ok

#### Chorus

Feeling good, like I should Went and took a walk around the neighbourhood Feeling blessed, never stressed Got that sunshine on my Sunday best

#### Verse

Every day can be a better day, despite the challenge All you gotta do is leave it better than you found it It's gonna get difficult to stand, but hold your balance I just say whatever 'cause there is no way around it 'cause

#### **Pre-Chorus**

Everyone falls down sometimes
But you just gotta know it'll all be fine
It's ok, uh-huh
It's ok, it's ok

#### Chorus

Feeling good, like I should Went and took a walk around the neighbourhood Feeling blessed, never stressed Got that sunshine on my Sunday best